



R A N E L A G H

MONDAY			
07:00-08:00	● Yoga 1-2	Aine K	Drop-in for €16
10:00-11:00	● Yoga 2	Aine K	Drop-in for €16
13:00-13:45	● Express Lunchtime Yoga	Aine K	Drop-in for €16
18:00-19:00	● Yoga Flow	Joanna	Drop-in for €16
18:15-19:15	● Yoga 2-3	Mignon	Drop-in for €16
19:15-20:15	● Beginners Yoga	Catie	Drop-in for €16
19:30-20:30	● Yin Yoga	Mignon	Drop-in for €16
TUESDAY			
07:30-08:15	● Mixed Yoga	Dee	Drop-in for €16
10:00-11:00	● Yoga 1-2	Dee	Drop-in for €16
17:45-18:45	● Yoga 1-2	Michele	Drop-in for €16
18:00-19:00	● Pilates Mixed Levels	Nikki	Drop-in for €16
18:00-19:00	● Yoga in the Park (Dartmouth square)		Drop in €10
19:00-20:00	● Ashtanga	Des	Drop-in for €16
19:00-20:15	● Prenatal Yoga	Michele	Drop-in for €18
WEDNESDAY			
07:30-08:30	● Mixed Level Yoga	Aine	Drop-in for €16
10:00-11:00	● Mixed Level Yoga	Aine	Drop-in for €16
11:15-12:15	● Gentle Yoga	John	Drop-in for €16
13:00-13:45	● Express Lunchtime Yoga	Aine K	Drop-in for €16
18:00-19:00	● Beginners Yoga	Lori	Drop-in for €16
18:00-19:00	● Beginners Pilates	Claudia	Drop-in for €16
19:15-20:15	● Yin Yoga	Claudia	Drop-in for €16
19:15-20:15	● Yoga 2	Niamh P	Drop-in for €16
THURSDAY			
07:30-08:30	● Yoga 1-2	Aislin	Drop-in for €16
10:00-11:00	● Yoga Flow	Olwyn	Drop-in for €16
18:00-19:00	● Yoga 1-2	Dee	Drop-in for €16
19:00-20:00	● Restorative Yoga	Dee	Drop-in for €16
FRIDAY			
07:00-08:00	● Yoga 1-2	Mignon	Drop-in for €16
10:00-11:00	● Yoga 1-2	Aine K	Drop-in for €16
13:00-13:45	● Express Lunchtime Yoga	Aine K	Drop-in for €16
17:00-18:00	● Ashtanga Beginners	Dee	Drop-in for €16
SATURDAY			
09:00-10:00	● Yoga 1-2	Aine K	Drop-in for €16
09:45-11:00	● Prenatal Yoga	Linda	Drop-in for €18
10:15-11:15	● Ashtanga	Kate B	Drop-in for €16
11:00-12:00	● Pilates 1-2	Dearbhla	Drop-in for €16
11:00-12:00	● Yoga in the Park (Palmerston Park)		Drop in €10
11:30-12:30	● Yoga 1-2	Nicole	Drop-in for €16
12:00-13:00	● Ballet Barre	Dearbhla	Drop-in for €16
13:00-14:00	● The Practice	Bibi	Drop-in for €16
SUNDAY			
09:45-10:45	● Yoga 1	Rachael	Drop-in for €16
10:45-11:45	● Yin Yoga	Nicole	Drop-in for €16
11:00-12:00	● Yoga 2	Rachael	Drop-in for €16
11:00-12:00	● Yoga in the Park (Dartmouth square)		Drop in €10

Please arrive on time for class. Late arrivals will not be admitted.

- Vinyasa
- Specialty classes
- Rest & Restore
- Whole body fitness
- All things Mum & Baby

REGULAR CLASSES

YOGA, PILATES & BARRE

1 Class	€16
5 Class Pass	€75
10 Class Pass	€140
20 Class Pass	€250
50 Class Pass	€550

Please always check expiry dates when purchasing a series of classes

STUDENTS/OVER 66s

1 Class	€12
5 Class Pass	€50

PRENATAL/ POSTNATAL YOGA

1 Prenatal/ Postnatal Class	€18
6 Prenatal/ Postnatal Classes (includes one free Mum & Baby Yoga Class)	€100

Introductory Offers

Are you new to Yoga Dublin?

Choose from our intro offers below and enjoy Yoga classes across our two studios in Ranelagh and Dundrum.

- Excludes courses, workshops and Prenatal Yoga/Mum and baby yoga
- Commences on day of purchase, no exceptions

30 days unlimited for €59

(Unlimited yoga, hot yoga, pilates, Yoga in the park)

14 day unlimited Intro offer for €35

(Unlimited yoga, hot yoga, pilates, Yoga in the park)

5 Class Pass Intro Offer for €25

Membership Options

Yoga Dublin membership grants unlimited access to our full schedule of Yoga, Pilates, Barre, Mum and Baby Yoga and Hot Yoga. It excludes Prenatal Yoga classes. Members also enjoy a 10% discount on all workshops.

Monthly Membership

€99 per month
(minimum 3 month commitment)

Over 66/ Student Monthly Membership

€79 per month
(3 month commitment with valid ID)

Monthly Unlimited Online and in studio

€109 per month
(30 days unlimited no commitment)

Single month purchase

Sign up

www.yogadublin.com or via the Yoga Dublin app